



## Starters

### **Vegetable Spring Rolls \$9 V**

w/Cabbage, Carrot, Scallions, Zucchini, Ginger & Garlic served w/Soy Scallion Sauce

### **Soul Garden Pickle Sampler \$6 V GF** (Rochester, VT)

Cucumber, Okra, Beet, & Zucchini

### **Potato Skins \$8** (Cabot/N Bennington, VT)

Potato Skins stuffed w/Maplebrook Cheddar Curds, Bacon, Scallions & Cabot Sour Cream

### **Nitty Gritty Hush Puppies \$7 V** (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

### **Happy Bird Farm Maple Chili Wings \$12** (Isle La Motte/Rochester, VT)

### **Cajun Bacon & Green Mountain Blue Cheese Stuffed Mushrooms \$10** (Highgate Center/Springfield, VT)

## Salad, Soup & Sides

### **House Salad w/Maple Red Wine Vinaigrette \$8 V**

### **Classic Caesar Salad \$10**

### **Soul Caesar Salad \$11 GF**

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

### **Beet, Maplebrook Farm Feta, & Pecan Salad \$13 V GF** (N Bennington/Rochester, VT)

Over Uphill Farms Claytonia & Baby Greens

*Add Anchovy \$3, Grilled Chicken \$7, Blackened Ahi Tuna or Cajun Shrimp \$9 to any Salad*

### **Hearty Italian Vegetable Soup \$7 GF**

V = Vegetarian GF=Gluten Free  = New Item

All Craft Beer Cans and Bottles \$5 Singles & \$15 4 Packs Mix and Match