



Starters

Soul Garden Pickle Sampler \$6 V GF (Rochester, VT)

Cucumber, Okra, Beet, & Zucchini

Potato Skins \$8 (Cabot/N Bennington, VT)

Potato Skins stuffed w/Maplebrook Cheddar Curds, Bacon, Scallions & Cabot Sour Cream

Nitty Gritty Hush Puppies \$7 V (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

Happy Bird Farm Maple Chili Wings \$12 (Isle La Motte/Rochester, VT)

Fried Green Tomatoes \$12 V (Charlotte/Norwich/Rochester, VT)

w/Maple Chili Cream Sauce & Uphill Farm Micro Greens

Salad, Soup & Sides

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10

Soul Caesar Salad \$11 GF

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Grilled Chicken \$7, or Cajun Shrimp &9 to any Salad

Baked French Onion Soup \$8 (Cabot, VT)

V = Vegetarian GF=Gluten Free  = New Item

All Craft Beer Cans and Bottles \$5 Singles & \$15 4 Packs Mix and Match