



Starters

Happy Bird Farm Maple Chili Wings \$12 (Isle La Motte/Rochester, VT)

Maple Soul Potato w/Grafton Black Truffle Cheddar Croquettes \$9 V  (Grafton/Rochester/Weybridge, VT)
w/Garlic Aioli & Uphill Farm Micro Greens

Fried Green Tomatoes \$12 V (Charlotte/Norwich/Rochester, VT)
w/Maple Chili Cream Sauce & Uphill Farm Micro Greens

Soul Garden Pickle Sampler \$6 V GF (Rochester, VT)
Cucumber, Okra, Beet, & Zucchini

Nitty Gritty Hush Puppies \$7 V (Charlotte/Rochester, VT)
w/Maple Sambal Aioli

Salad, Soup & Sides

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10

Soul Caesar Salad \$11 GF

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Grilled Chicken \$7, Blackened Ahi Tuna or Cajun Shrimp \$9 to any Salad

Baked French Onion Soup \$8 (Cabot, VT)

V = Vegetarian GF=Gluten Free  = New Item

All Craft Beer Cans and Bottles \$5 Singles & \$15 4 Packs Mix and Match