



Starters

Soul Garden Pickle Plate \$10 V GF

Assorted Pickled Vegetables

Happy Bird Farm Maple Chili Wings \$12 (Isle La Motte/Rochester, VT)

Fried Green Tomatoes \$12 V (Weybridge/Rochester, VT)

w/Sweet & Spicy Cream Sauce, Uphill Farm Micro Greens

Black Truffle Cheddar & Potato Croquettes \$12 V (Weybridge/Plymouth, VT)

w/roasted Garlic Aioli & Uphill Farm Pea Shoots

Nitty Gritty Hush Puppies \$7 V (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

Salad, Soup & Sides

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10

Soul Caesar Salad \$11 GF

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Grilled Chicken \$7, Cajun Shrimp \$9 to any Caesar or House Salad

Baked French Onion Soup \$8 (Cabot, VT)

V = Vegetarian GF=Gluten Free  = New Item TG = Available to Go