

Starters

Black Truffle Cheddar & Potato Croquettes \$12 V (Grafton Village/Salisbury, VT)

w/roasted Garlic Aioli & Uphill Farm Pea Shoots

Happy Bird Farm Maple Chili Wings \$13 (Isle La Motte/Rochester, VT)

Topped w/Scallions & Sesame Seeds

Soul Garden Spicy Pickle Plate \$10 VG GF

Assorted Pickled Vegetables

Fried Green Tomatoes \$12 V (Weybridge/Rochester, VT)

w/Sweet & Spicy Cream Sauce, Uphill Farm Micro Greens

Smoked Salmon & Mascarpone Canape \$13 Duxbury/Granville/Websterville, VT)

w/Cucumber, Caper, Lemon Honey Viniagrette, & Scallions

Salad, Soup & Sides

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10 (Salisbury/Norwich, VT)

Soul Caesar Salad \$11 GF (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Grilled Chicken \$7, Cajun Shrimp \$10 to any Caesar or House Salad

Baked French Onion Soup \$8 (Cabot, VT)