



Starters

Little Neck Clams \$14 GF

Steamed w/Shallots, Garlic, Red Pepper Flakes, & Parsley in White Wine

Grits, Beans, & Greens \$12 GF (Cabot/Huntington/Granville/Springfield, VT)

Cabot Cheddar Grits, Maple, Bacon Baked Beans, & Old Road Farm Spicy Collard Greens

Nitty Gritty Hush Puppies \$8 V (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

Soul Garden Spicy Pickle Plate \$10 VG GF

Assorted Pickled Vegetables

Old Road Farm Fried Green Tomatoes \$12 V (Granville/Weybridge/Rochester, VT)

w/Sweet & Spicy Cream Sauce, Uphill Farm Micro Greens

Happy Bird Farm Maple Chili Wings \$13 (Isle La Motte/Rochester, VT)

Topped w/Scallions & Sesame Seeds

Salad, Soup & Sides

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10 (Salisbury/Norwich, VT)

Soul Caesar Salad \$11 GF (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Grilled Chicken \$7, Cajun Shrimp \$10 to any Caesar or House Salad

Heirloom Tomato & Burrata Mozzarella \$13 V GF (Granville/N Bennington, VT)

w/Maplebrook Farm Burrata Mozzarella, Old Road Farm Heirloom Tomatoes, Pine Nuts, Herbs, & Garlic drizzled w/Balsamic Glaze

Spicy Curry Sweet Potato Bisque V GF \$8 (Cabot, VT)