



## Starters

**Grits, Beans, & Greens \$12 GF** (Cabot/Huntington/Granville/Springfield, VT)  
Cabot Cheddar Grits, Maple, Bacon Baked Beans, & Old Road Farm Smoky Collard Greens w/Bacon

**Nitty Gritty Hush Puppies \$8 V** (Charlotte/Rochester, VT)  
w/Maple Sambal Aioli

**Happy Bird Farm Maple Chili Wings \$13** (Isle La Motte/Rochester, VT)  
Topped w/Scallions & Sesame Seeds

**Soul Garden Spicy Pickle Plate \$10 VG GF**  
Assorted Pickled Vegetables

**Fried Green Tomatoes \$12 V** (Weybridge/Rochester, VT)  
w/Sweet & Spicy Cream Sauce, Uphill Farm Micro Greens

## Salad, Soup & Sides

**House Salad w/Maple Red Wine Vinaigrette \$8 V**

**Classic Caesar Salad \$10** (Salisbury/Norwich, VT)

**Soul Caesar Salad \$11 GF** (Salisbury/Springfield, VT)  
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy \$3, Grilled Chicken \$7, Cajun Shrimp \$10 to any Caesar or House Salad*

**Spicy Curry Sweet Potato Bisque V GF \$8** (Cabot, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item