



Starters

Heirloom Tomato & Burrata Mozzarella \$13 V GF (Granville/N Bennington, VT)

w/Maplebrook Farm Burrata Mozzarella, Old Road Farm Heirloom Tomatoes, Pine Nuts, Herbs, & Garlic drizzled w/Balsamic Glaze

Nitty Gritty Hush Puppies \$8 V (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

Pan Fried Liver Mush (Poor Man's Pate) \$14 (Castleton/Charlotte/Rochester, VT)

Hier Hill Farm Veal Liver, Bacon, Nitty Gritty Grain Co. Cornmeal, Uphill Farm Cippolini Onions & Micro Greens, & Veal Demi-Glace

Soul Garden Spicy Pickle Plate \$10 VG GF (Granville/Rochester, VT)

Assorted Pickled Vegetables

Old Road Farm Fried Green Tomatoes \$12 V (Granville/Weybridge/Rochester, VT)

w/Sweet & Spicy Cream Sauce, Uphill Farm Micro Greens

Julie's Fridge Corn \$8 V GF (Rochester, VT)

Grilled local Corn on the Cob w/Garlic Butter, Scallions, Cheddar Curds, & Cajun Seasoning

Grits, Beans, & Greens \$12 GF (Cabot/Huntington/Granville/Springfield, VT)

Cabot Cheddar Grits, Maple, Bacon Baked Beans, & Old Road Farm Smoky Collard Greens w/Bacon

Salad & Sides

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10 (Salisbury/Norwich, VT)

Soul Caesar Salad \$11 GF (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Chicken \$7, or Cajun Shrimp \$10 to any Caesar or House Salad

Roasted Beet & Goat Cheese Salad \$13 V GF (Websterville/Rochester, VT)

w/Baby Greens, Roasted Red Beets, Walnuts, Goat Cheese, Uphill Farm Miro Greens, Red Wine Vinaigrette, & Balsamic Drizzle

Baked French Onion Soup \$8 (Cabot, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item