MAPLE SOUL

Starters To Go

Nitty Gritty Hush Puppies $8 V (Charlotte/Rochester, VT)
w/Maple Sambal Aioli

Fried Green Tomatoes $12 V (Weybridge/Rochester, VT)
w/Sweet & Spicy Cream Sauce

Salad, Soup & Sides To Go

House Salad w/Maple Red Wine Vinaigrette $8 V

Classic Caesar Salad $10

Soul Caesar Salad $11 GF
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy $3, or Cajun Shrimp $10 to any Caesar or House Salad

Soup du Jour $8

Entrée To Go

Cabot Sharp Cheddar Macaroni & Cheese $16 V (Cabot/Weybridge, VT)
Add Bacon $3/ Cajun Shrimp $10

Maple Soul Cajun Shrimp & Grits $25 GF (Cabot/Rochester, VT)
Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits

River Bend Farm Black Angus Burger $16 (Rochester/Norwich/Cabot, VT)
w/Cabot Sharp Cheddar, Tomato, & Lettuce, hand cut Fries, & Maple Cole Slaw on a house made Maple Brioche
Add thick cut Smoky Bacon or a Farm fresh fried Egg $3
Substitute Green Mountain Bleu Cheese, $2

VT Grown BBQ Baby Back Ribs $23 (Addison, VT)
w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

Marinated Beef Tips $26 GF (Cambridge, VT)
Boyden Farm Beef Tips w/mashed Potatoes, sautéed Mushrooms, & Veal Demi-Glace

Hier Hill Farm Veal Bolognese $22 (Castleton, VT)
Rich Veal based Tomato sauce over Spaghetti topped w/shaved Parmesan Cheese & Parsley

Ask about our Desserts du Jour $7

V = Vegetarian GF=Gluten Free = New Item
Please notify your server if you have any dietary restrictions or food allergies.
**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food born illness*