## MAPLESOUL

## Starters To Go

Nitty Gritty Hush Puppies \$8 V (Charlotte/Rochester, VT)
w/Maple Sambal Aioli
Fried Brussels Sprouts \$12 V (Rochester/Weybridge, VT)
w/Maple Mustard Butter Sauce
Salad, Soup \& Sides To Go
House Salad w/Maple Red Wine Vinaigrette $\$ 8 \mathrm{~V}$
Classic Caesar Salad \$10
Soul Caesar Salad \$11 GF
Mixed Greens, Parmesan, Bacon, \& house Caesar Dressing
Winter Harvest Salad \$13
Mixed Greens, roasted Uphill Farm Butternut, Pecans, Almonds, Pumpkin Seeds, Sliced Chilis, Pomegranate \& Cilantro w/Blackberry Vinaigrette Add Anchovy \$3, Grilled Chicken \$7, Smoked Salmon \$8, or Cajun Shrimp \$10 to any Salad

Maple Bacon Baked Uphill Farm Beans \$6 GF (Huntington/Rochester, VT)
w/Mountainside Maple Sugar, \& Bacon
Smoky Bacon Collard Greens \$6 GF
Ask about our Soup du Jour \$8
Entrée To Go
Cabot Sharp Cheddar Macaroni \& Cheese \$17 V (Cabot/Weybridge, VT)
Add Bacon \$3/Smoky Bacon Collard Greens \$5/ Chicken \$7/ Smoked Salmon \$8/ Cajun Shrimp \$10
River Bend Farm Black Angus Burger \$16 (Rochester/Norwich/W Glover, VT)
$w / 5^{\text {th }}$ Generation Farm Sharp Cheddar, Tomato, \& Lettuce, hand cut Fries, \& Maple Cole Slaw on a house made Maple Brioche Add thick cut Smoky Bacon or a Farm fresh fried Egg \$3

Substitute Blue Ledge Bleu Cheese, \$2
Maple Soul Cajun Shrimp \& Grits \$25 GF (Cabot/Rochester, VT)
Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, \& Butter over Cabot Cheddar Grits w/Uphill Farm Micro Greens
VT Grown BBQ Baby Back Ribs \$23 (Addison, VT)
w/hand cut Fries, house made BBQ Sauce, \& Maple Cole Slaw
Maple Soul Pork \& Beans \$24
Slow (Addison/Huntington/Rochester, VT)
Soasted local Pork Belly, Uphill Farm Maple Baked Beans, Maple Syrup Drizzle \& Uphill Farm Microgreens
New England Pot Roast \$24 GF (Cambridge/Granville, VT)
Boyden Farm Beef, Carrots, Celery, Onion, \& Clearfield Farm Potatoes in a Rich Gravy
Marinated Beef Tips \$26 GF (Cambridge, VT)
Boyden Farm Beef Tips w/mashed Potatoes, sautéed Mushrooms, \& Veal Demi-Glace

## Ask about our Desserts du Jour \$7

$\mathrm{V}=$ Vegetarian GF=Gluten Free ${ }^{\psi^{2}}=$ New Item
Please notify your server if you have any dietary restrictions or food allergies.
*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness

