

Starters To Go

Nitty Gritty Hush Puppies \$8 V (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

Fried Brussels Sprouts \$12 V GF (Rochester/Weybridge, VT)

w/Maple Mustard Butter Sauce

Happy Bird Farm Maple Chili Wings \$15 (Isle La Motte/Rochester, VT)

Salad, Soup & Sides To Go

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10

Soul Caesar Salad \$11 GF

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing Add Anchovy \$3, Chicken \$7, or Cajun Shrimp \$10, to any Salad

Entrée To Go

Spicy Blackened Tofu \$22 VG (Hardwick/Rochester, VT)

w/Rice, Spicy Cucumber Salad, Maple Chili Sauce & Uphill Farm Micro Greens

Marinated Beef Tips \$26 GF (Cambridge, VT)

Boyden Farm Beef Tips w/mashed Potatoes, sautéed Mushrooms, & Veal Demi-Glace

Cabot Sharp Cheddar Macaroni & Cheese \$17 V (Cabot/Weybridge, VT)

Add Bacon \$3/ Chicken or BBQ Pulled Pork \$7// Cajun Shrimp \$10

River Bend Farm Black Angus Burger \$17 (Rochester/Norwich/W Glover, VT)

w/5th Generation Farm Sharp Cheddar, Tomato, & Lettuce, hand cut Fries, & Maple Cole Slaw on a house made Maple Brioche

Add thick cut Smoky Bacon or a Farm fresh fried Egg \$3

Substitute Blue Ledge Bleu Cheese, \$2

Champlain Farm Pork Bahn Mi Burger \$17 (Addison, VT)

Seasoned Pork Burger w/Maple Slaw, Shredded Carrots, Spicy Cucumber & Maple Sambal Aioli on Ciabatta Bread w/Fries

BBQ Pulled Pork Sandwich \$16 (Addison, VT)

On toasted Ciabatta Bread, w/Maple Cole Slaw, house made Pickle & hand cut Fries

Maple Soul Cajun Shrimp & Grits \$25 GF (Cabot/Rochester, VT)

Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits w/Uphill Farm Micro Greens

VT Grown BBQ Baby Back Ribs \$23 (Addison, VT)

w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

Ask about our Desserts du Jour \$8

