



Starters

Spicy Blackened Ahi Tuna \$19 (Rochester, VT)

w/spicy Cucumber Salad, Maple Chili Sauce & Uphill Farm Micro Greens

Fried Brussels Sprouts \$12 V (Rochester/Weybridge, VT)

w/Maple Mustard Butter Sauce

Old Road Farm Roasted Beets & VT Creamery Goat Cheese \$13 V GF (Websterville/Granville, VT)

w/toasted Pumpkin Seeds & Pecans, topped w/Maple & Balsamic Drizzle

Nitty Gritty Hush Puppies \$8 V (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

Grilled Asparagus \$14 V GF (Salisbury, VT)

w/Cauliflower Puree, Balsamic Drizzle, Pine Nuts, & Blue Ledge Farm Bleu Cheese

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$8 V

Classic Caesar Salad \$10 (Salisbury/Norwich, VT)

Soul Caesar Salad \$11 GF (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Chicken \$7, or Cajun Shrimp \$10 to any Salad

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item