



Starters

Maple Soul Pickle Plate \$12 VG GF (Granville, VT)

Assorted house made pickles

Roasted Beets & VT Creamery Goat Cheese \$14 V GF (Websterville/Rochester, VT)

w/toasted Pumpkin Seeds & Pecans, topped w/Maple & Balsamic Drizzle

Happy Bird Farm Maple Chili Wings \$14 (Isle La Motte/Rochester, VT)

Blackened Ahi Tuna \$20 (Rochester, VT)

w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Blistered Shishito Peppers \$12 VG  (Granville, VT)

w/Soy Scallion dipping Sauce

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$10 V (Granville, VT)

Classic Caesar Salad \$11 (Salisbury/Norwich, VT)

Soul Caesar Salad \$12 GF (Granville/Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Chicken \$7, Cajun Shrimp \$10, or Ahi Tuna \$15 to any Salad

Baked French Onion Soup \$9 (Cabot, VT)

Smoky Bacon Collard Greens \$6 GF (Addison/Granville, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item