



Starters

Happy Bird Farm Maple Chili Wings \$16 (Isle La Motte/Rochester, VT)

Roasted Beets & VT Creamery Goat Cheese \$14 V GF (Websterville/Rochester, VT)
w/toasted Pumpkin Seeds & Pecans, topped w/Maple & Balsamic Drizzle

Fried Brussels Sprouts \$12 V (Rochester/Weybridge, VT)
w/Maple Mustard Butter Sauce

Blackened Ahi Tuna \$20 (Rochester, VT)
w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Maple Soul Pickle Plate \$12 VG GF (Granville, VT)
Assorted house made pickles

Nitty Gritty Hush Puppies \$9 V (Charlotte/Rochester, VT)
w/Maple Sambal Aioli

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$10 V (Granville, VT)

Classic Caesar Salad \$11 (Salisbury/Norwich, VT)

Soul Caesar Salad \$12 GF (Granville/Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Grilled Chicken \$7, Cajun Shrimp \$10 or Ahi Tuna \$15 to any Salad

Spicy Curry Sweet Potato Bisque \$9 V GF

Baked French Onion Soup \$9 (Cabot, VT)

Grilled Corn Bread \$6 V (Rochester/Salisbury, VT)
w/Rosemary Wing Farm Honey

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item