



Starters

P.E.I. Mussels \$15

w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled Ciabatta

Little Necks on the Half Shell \$18 GF

w/Lemon & Cocktail Sauce

Sesame Crusted Tuna \$20 (Rochester, VT)

w/Seaweed Salad & Wasabi Aioli

Fried Brussels Sprouts \$12 V (Rochester/Weybridge, VT)

w/Maple Mustard Butter Sauce

Grits, Beans, & Greens \$15 GF (Cabot/Huntington/Granville/Springfield, VT)

Cabot Cheddar Grits, Maple, Bacon Baked Beans, & Old Road Farm Smoky Collard Greens w/Bacon

Maple Soul Pickle Plate \$12 VG GF

Assorted house made pickles

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$11 V (Granville, VT)

Classic Caesar Salad \$13 (Salisbury/Norwich, VT)

Soul Caesar Salad \$14 GF (Granville/Salisbury/Springfield, VT)


Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$3, Grilled Chicken \$7, Cajun Shrimp \$10, or Ahi Tuna \$15 to any Salad

Baked French Onion Soup \$9 (Cabot, VT)

Grilled Corn Bread \$6 V (Charlotte/Rochester/Salisbury, VT)

w/Rosemary Wing Farm Honey

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

