



## Starters

### **P.E.I. Mussels \$15**

w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled Ciabatta

### **Sesame Crusted Tuna\* \$20** (Rochester, VT)

w/Seaweed Salad & Wasabi Aioli

### **Maple Soul Pickle Plate \$12 VG GF**

Assorted house made Pickles

### **Nitty Gritty Hush Puppies \$9 V** (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

### **Happy Bird Farm Maple Chili Wings \$16** (Isle La Motte/Rochester, VT)

## Salad, Sides & Soup

### **House Salad w/Maple Red Wine Vinaigrette \$11 V** (Rochester/Norwich, VT)

### **Classic Caesar Salad\* \$13** (Salisbury/Norwich, VT)

### **Soul Caesar Salad\* \$14 GF** (Granville/Salisbury/Springfield, VT)


Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy \$3, Grilled Chicken \$7, Cajun Shrimp \$10, or blackened Ahi Tuna \$15 to any Salad*

### **Baked French Onion Soup \$9** (Cabot, VT)

### **Maple Bacon Baked Beans \$6 GF** (Huntington, VT)

w/Mountainside Maple Sugar, & Bacon

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

