



Starters

Maple Soul Pickle Plate \$12 VG GF (Granville, VT)

Assorted house made pickles

Roasted Beets & Goat Cheese \$14 V GF (Websterville/Rochester, VT)

Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Happy Bird Farm Maple Chili Wings \$16 (Isle La Motte/Rochester, VT)

Smoked Delicata Squash \$15 V GF (Rochester/Salisbury, VT)

w/Honey, Pistachios, Blue Ledge Farm Blue Cheese, Balsamic Vinegar, & Uphill Farm Micro Greens

Wild Mushroom Toast \$18 V (Granville/N. Bennington/Rochester/Salisbury, VT)

Maplebrook Farm Ricotta Cheese topped w/Chicken of the Wood & Crimini Mushrooms, Garlic, Butter, & Herbs, & a Maple Meadows Farm Fried Egg on toasted Ciabatta

Blackened Ahi Tuna \$20 (Rochester, VT)

w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$11 V (Granville/Norwich, VT)

Classic Caesar Salad* \$12 (Salisbury/Norwich, VT)

Soul Caesar Salad* \$13 GF (Granville/Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$4, Cajun Shrimp \$10, Ahi Tuna \$15 to any Salad

Split Pea w/VT Bacon \$9 GF

Grilled Corn Bread \$8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)

w/Honey

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

