



## Starters

**Fried Brussels Sprouts \$14V** (Rochester, VT)  
w/Maple Mustard Butter Sauce

**Maple Soul Pickle Plate \$12 VG GF** (Granville, VT)  
Assorted house made pickles

**Nitty Gritty Hush Puppies \$9 V** (Charlotte/Rochester, VT)  
w/Maple Sambal Aioli

**Roasted Beets & Goat Cheese \$14 V GF** (Websterville/Rochester, VT)  
Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped  
w/Uphill Farm Micro Greens

**Fried Lollipop Chicken \$16**  
w/Maple Chili dipping Sauce

**Smoked Delicata Squash \$15 V GF** (Rochester/Salisbury, VT)  
w/Honey, Pistachios, Blue Ledge Farm Bleu Cheese, Balsamic Vinegar, & Uphill Farm Micro Greens

## Salad, Sides & Soup

**House Salad w/Maple Red Wine Vinaigrette \$11 V** (Granville/Norwich, VT)

**Classic Caesar Salad\* \$12** (Salisbury/Norwich, VT)

**Soul Caesar Salad\* \$13 GF** (Granville/Salisbury/Springfield, VT)  
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy \$4, Cajun Shrimp \$10 to any Salad*

**Potato, Scallion, Bacon Soup \$9 GF** (Weybridge, VT)

**Grilled Corn Bread \$8 V** (Charlotte/Norwich/Salisbury/Weybridge, VT)  
w/Honey

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

