




Starters

Maple Gravlax* \$21 GF  (Duxbury/Huntington/Rochester/Websterville, VT)

House Cured Honeywilya King Salmon w/Shallot, Capers, Radish, Uphill Farm Pea Shoots, VT Creamery Crème Fraiche & Salmon Caviar

Parsnip Tots \$15 (Rochester/Weybridge, VT)
w/Salted Maple Crème Sauce, Smoked Trout & Uphill Farm Micro Greens

Maple Soul Pickle Plate \$12 VG GF (Granville, VT)
Assorted house made pickles

Roasted Beets & Goat Cheese \$14 V GF (Rochester/Websterville, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

1000 Stone Farm Wild Mushroom Toast \$19 V (Brookfield/N. Bennington/Rochester/Salisbury, VT)
Maplebrook Farm Ricotta Cheese topped w/Oyster, Chestnut, Lions Mane, & Shiitake Mushrooms, Garlic, Butter, & Herbs, & a Maple Meadows Farm Fried Egg on toasted Focaccia

P.E.I. Mussels \$17
w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled roasted Garlic Focaccia

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$11 V (Granville/Norwich, VT)

Classic Caesar Salad* \$12 (Salisbury/Norwich, VT)

Soul Caesar Salad* \$13 GF (Granville/Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$4, Cajun Shrimp \$10, Ahi Tuna \$15 to any Salad

Baked French Onion Soup \$10 (Cabot, VT)

Grilled Corn Bread \$8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)
w/Honey

Side Cabot Sharp Cheddar Macaroni & Cheese \$10 V (Cabot/Weybridge, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

