



Starters

Parsnip Tots \$15 (Rochester/Weybridge, VT)
w/Salted Maple Crème Sauce, Smoked Trout & Uphill Farm Micro Greens

Maple Soul Pickle Plate \$12 VG GF (Granville, VT)
Assorted house made pickles

Roasted Beets & Goat Cheese \$14 V GF (Rochester/Websterville, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Poutine \$15 (N Bennington, VT)
Hand cut Fries, Maplebrook Cheddar Curds, Veal Demi-Glace & Scallions

Nitty Gritty Hush Puppies \$10 V (Charlotte/Rochester, VT)
w/Maple Sambal Aioli

P.E.I. Mussels \$17
w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled roasted Garlic Foccacia

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$11 V (Granville/Norwich, VT)

Classic Caesar Salad* \$12 (Salisbury/Norwich, VT)

Soul Caesar Salad* \$13 GF (Granville/Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$4, Cajun Shrimp \$10, Ahi Tuna \$15 to any Salad

Potato, Scallion, Bacon Soup \$9 GF (Weybridge, VT)

Grilled Corn Bread \$8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)
w/Honey

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

