



Starters

Vermont Cheese Plate \$15 V (Castleton/Greensboro/Putney/Salisbury, VT)

Blue Ledge Farm Camembrie & Middlebury Blue Cheeses w/Fig, Dilly Beans & Castleton Crackers

Old Road Farm Fried Green Tomatoes \$15 V (Granville/Rochester/Weybridge, VT)

In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

Maple Soul Pickle Plate \$12 VG GF (Granville/Rochester, VT)

Assorted house made pickles

Country Fried Chicken Skins \$10 (Isle La Motte, VT)

w/Maple Sambal Aioli

Julie's Fridge Corn \$8 V GF (Cabot/Granville/Middlebury/Rochester, VT)

Grilled local Corn on the Cob w/Cajun seasoning, Garlic, Queso Fresco, Cilantro, Butter, Lime Crema, & Scallions

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$12 V (Granville/Norwich, VT)

Classic Caesar Salad* \$13 (Salisbury/Norwich, VT)

Soul Caesar Salad* \$14 GF (Granville/Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$4, grilled Happy Bird Farm Chicken \$7, Cajun Shrimp \$10, Ahi Tuna \$15 to any Salad

Watermelon Salad \$12 GF V (Rochester/Websterville, VT)

Watermelon, Cucumber, & Mint in a Red Wine Vinaigrette, VT Creamery Goat Cheese, topped w/Lemon Zest, Pumpkin Seeds & Balsamic drizzle

Caprese \$14 GF V (Bethel/Bennington/Granville, VT)

w/Old Road Farm Tomatoes, Maplebrook Farm Mozzarella, Basil, Balsamic drizzle

Grilled Corn Bread \$8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)

w/Honey

Potato, Scallion, Bacon Soup \$9 GF (Weybridge, VT)

Topped w/Cheddar

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

Maple Soul has a one check/one swipe per table policy.

