



## Starters

### **Vermont Cheese Plate \$15 V** (Castleton/Greensboro/Putney/Salisbury, VT)

Blue Ledge Farm Camembrie & Middlebury Blue Cheeses w/Fig, Dilly Beans & Castleton Crackers

### **Old Road Farm Fried Green Tomatoes \$15 V** (Granville/Rochester/Weybridge, VT)

In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

### **Maple Soul Pickle Plate \$12 VG GF** (Granville/Rochester, VT)

Assorted house made pickles

### **Country Fried Chicken Skins \$10** (Isle La Motte, VT)

w/Maple Sambal Aioli

### **Julie's Fridge Corn \$8 V GF** (Cabot/Granville/Middlebury/Rochester, VT)

Grilled local Corn on the Cob w/Cajun seasoning, Garlic, Queso Fresco, Cilantro, Butter, Lime Crema, & Scallions

## Salad, Sides & Soup

### **House Salad w/Maple Red Wine Vinaigrette \$12 V** (Granville/Norwich, VT)

### **Classic Caesar Salad\* \$13** (Salisbury/Norwich, VT)

### **Soul Caesar Salad\* \$14 GF** (Granville/Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy \$4, grilled Happy Bird Farm Chicken \$7, Cajun Shrimp \$10, Ahi Tuna \$15 to any Salad*

### **Watermelon Salad \$12 GF V** (Rochester/Websterville, VT)

Watermelon, Cucumber, & Mint in a Red Wine Vinaigrette, VT Creamery Goat Cheese, topped w/Lemon Zest, Pumpkin Seeds & Balsamic drizzle


### **Caprese \$14 GF V** (Bethel/Bennington/Granville, VT)

w/Old Road Farm Tomatoes, Maplebrook Farm Mozzarella, Basil, Balsamic drizzle

### **Grilled Corn Bread \$8 V** (Charlotte/Norwich/Salisbury/Weybridge, VT)

w/Honey

### **Baked French Onion Soup \$10** (Cabot, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

**Maple Soul has a one check/one swipe per table policy.**

