MAPLE SOUL

Starters

Vermont Cheese Plate $15 V (Castleton/Greensboro/Putney/Salisbury, VT)
Blue Ledge Farm Camembrie & Middlebury Blue Cheeses w/Fig, Dilly Beans & Castleton Crackers

Maple Soul Pickle Plate $12 VG GF (Granville/Rochester, VT)
Assorted house made pickles

Country Fried Chicken Skins $10 (Isle La Motte, VT)
w/Maple Sambal Aioli

Julie's Fridge Corn $8 V GF (Cabot/Granville/Middlebury/Rochester, VT)
Grilled local Corn on the Cob w/Cajun seasoning, Garlic, Queso Fresco, Cilantro, Butter, Lime Crema, & Scallions

Blackened Ahi Tuna* $20 (Rochester, VT)
w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette $12 V (Granville/Norwich, VT)

Classic Caesar Salad* $13 (Salisbury/Norwich, VT)

Soul Caesar Salad* $14 GF (Granville/Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy $4, grilled Happy Bird Farm Chicken $7, Cajun Shrimp $10, Ahi Tuna $15 to any Salad

Caprese $14 GF V (Bethel/Bennington/Granville, VT)
w/Old Road Farm Tomatoes, Maplebrook Farm Mozzarella, Basil, Balsamic drizzle

Grilled Corn Bread $8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)
w/Honey

Baked French Onion Soup $10 (Cabot, VT)

VG = Vegan V = Vegetarian GF=Gluten Free = New Item

Maple Soul has a one check/one swipe per table policy.