MAPLE SOUL

## Starters To Go

**Grilled Corn Bread $8 V** (Charlotte/Salisbury, VT)
w/Honey

**Blistered Shishito Peppers $12 VG** (Granville, VT)
w/Soy & Garlic dipping Sauce

**Happy Bird Farm Maple Chili Wings $16** (Isle La Motte/Rochester, VT)

## Salad, Soup & Sides To Go

**House Salad w/Maple Red Wine Vinaigrette $12 V**

**Classic Caesar Salad* $13**

**Soul Caesar Salad* $14 GF**
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing
*Add Anchovy $4, Happy Bird Farm grilled Chicken $7, Cajun Shrimp $10, or Ahi Tuna $15 to any Salad*

**Ask about our Soup du Jour**

## Entrée To Go

**Marinated Beef Tips $28 GF** (Cambridge, VT)
w/mashed Potatoes, sautéed Mushrooms, & Veal Demi-Glace

**River Bend Farm Black Angus Burger* $19** (Rochester/Norwich/W Glover, VT)
w/Cabot Sharp Cheddar, Tomato, & Lettuce, hand cut Fries, & Maple Cole Slaw on a house made Maple Brioche
*Add thick cut smoky Bacon or a farm fresh fried Egg or house made Kimchi $3, Substitute Blue Ledge Bleu Cheese or VT Creamery Goat Cheese $2*

**Happy Bird Farm Chicken Marsala $26** (Brookfield/Isle La Motte, VT)
Chicken Breast, Mushrooms, Basil, Sun-dried Tomatoes, & Garlic in a sweet Marsala Wine Sauce over Linguini

**BBQ Baby Back Ribs $26 half rack $38 full rack** (Huntington, VT)
w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

**Hand Rolled Maplebrook Farm Ricotta Gnocchi $24 V** (Bennington/Rochester, VT)
w/Spinach, Sun-dried Tomato, Mushroom, & Garlic in a Parmesan Cream Sauce w/Uphill Farm Micro Greens
*Add VT Creamery Goat Cheese, or Bacon $3 / Happy Bird Farm grilled Chicken $7 / Cajun Shrimp $10*

**Cabot Sharp Cheddar Macaroni & Cheese $19 V** (Cabot/Weybridge, VT)
*Add Bacon $3 / Happy Bird Farm grilled Chicken $7 / Cajun Shrimp $10*

**Maple Soul Cajun Shrimp & Grits $25 GF** (Cabot/Charlotte, VT)
Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits

**Ask about our Desserts du Jour $8**

**V = Vegetarian VG = Vegan GF=Gluten Free = New Item**

***Please notify your server if you have any dietary restrictions or food allergies.***

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness*