



### Starters To Go

**Grilled Corn Bread \$8 V** (Charlotte/Salisbury, VT)  
w/Honey

**Maple Soul Pickle Plate \$12 VG GF** (Granville, VT)  
Assorted house made pickles

**Happy Bird Farm Maple Chili Wings \$16** (Isle La Motte/Rochester, VT)

### Salad, Soup & Sides To Go

**House Salad w/Maple Red Wine Vinaigrette \$12 V**

**Classic Caesar Salad\* \$13**

**Soul Caesar Salad\* \$14 GF**

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy \$4, grilled Happy Bird Farm Chicken \$7, Cajun Shrimp \$10, or Ahi Tuna \$15 to any Salad*

### **Ask about our Soup du Jour**

### Entrée To Go

**Sauteed Beef Tips \$28 GF** (Cambridge, VT)

w/mashed Potatoes, sautéed Mushrooms, & Veal Demi-Glace

**River Bend Farm Black Angus Burger\* \$19** (Rochester/Norwich/W Glover, VT)

w/Cabot Sharp Cheddar, Tomato, & Lettuce, hand cut Fries, & Maple Cole Slaw on a house made Maple Brioche

*Add thick cut smoky Bacon or a farm fresh fried Egg or house made Kimchi \$3, Substitute Blue Ledge Bleu Cheese or VT Creamery Goat Cheese \$2*

**BBQ Baby Back Ribs \$26 half rack \$38 full rack** (Huntington, VT)

w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

**Hand Rolled Maplebrook Farm Ricotta Gnocchi \$24 V** (Bennington/Rochester, VT)

w/Spinach, Sun-dried Tomato, Mushroom, & Garlic in a Parmesan Cream Sauce w/Uphill Farm Micro Greens

*Add VT Creamery Goat Cheese, or Bacon \$3 /grilled Happy Bird Farm Chicken \$7/ Cajun Shrimp \$10*

**Cabot Sharp Cheddar Macaroni & Cheese \$19 V** (Cabot/Weybridge, VT)

*Add Bacon \$3 / grilled Happy Bird Farm Chicken \$7/Cajun Shrimp \$10*


**Maple Soul Cajun Shrimp & Grits \$25 GF** (Cabot/Charlotte, VT)

Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits

**Beer Battered Fish & Chips \$24** (Norwich, VT)

Wild caught Cod w/hand cut Fries, Maple Cole Slaw, & Maple Sambal Aioli

### **Ask about our Desserts du Jour \$8**

V = Vegetarian VG = Vegan GF=Gluten Free  = New Item

*Please notify your server if you have any dietary restrictions or food allergies.*

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness*

