MAPLE SOUL

Starters To Go

Grilled Corn Bread $8 V (Charlotte/Salisbury, VT)
w/Honey

Happy Bird Farm Maple Chili Wings $16 (Isle La Motte/Rochester, VT)

Cabot Sharp Cheddar Macaroni & Cheese $12 V (Cabot/Weybridge, VT)

Salad, Soup & Sides To Go

House Salad w/Maple Red Wine Vinaigrette $12 V

Classic Caesar Salad* $13

Soul Caesar Salad* $14 GF
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing
Add Anchovy $4, Cajun Shrimp $10, or Ahi Tuna $15 to any Salad

Ask about our Soup du Jour

Entrée To Go

Bacon Wrapped VT Wagyu Meatloaf $29 (Springfield, VT)
w/house Vegetable, mashed Potatoes, & Veal Demi-Glace

Sauteed Beef Tips $28 GF (Cambridge, VT)
mashed Potatoes, sautéed Mushrooms, & Veal Demi-Glace

River Bend Farm Black Angus Burger* $19 (Rochester/Norwich/W Glover, VT)
w/Cabot Sharp Cheddar, Tomato, & Lettuce, hand cut Fries, & Maple Cole Slaw on a house made Maple Brioche
Add thick cut smoky Bacon or a farm fresh fried Egg or house made Kimchi $3, Substitute Blue Ledge Bleu Cheese or VT Creamery Goat Cheese $2

BBQ Baby Back Ribs $26 half rack $38 full rack (Huntington, VT)
w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

Seafood Scampi $25
Wild caught Shrimp & Swordfish w/Tomato & Basil in a Garlic, White Wine, Butter Sauce over Linguini

Maple Soul Cajun Shrimp & Grits $26 GF (Cabot/Rochester, VT)
Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits w/Uphill Farm Micro Greens

Smoked Delicata Squash, Mushroom & Pecan Farro $25 V (Granville/Rochester/Weybridge, VT)
w/Balsamic reduction, Pepitas, & Uphill Farm Micro Greens

Ask about our Desserts du Jour $8

V = Vegetarian VG = Vegan GF=Gluten Free = New Item

Please notify your server if you have any dietary restrictions or food allergies.

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness*