MAPLE SOUL

# Starters

**Blackened Ahi Tuna* $20** (Rochester, VT)
w/Bourbon Plum Sauce & Uphill Farm Micro Greens

**Roasted Beets & Goat Cheese $14 V GF** (Websterville/Rochester, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

**Nitty Gritty Hush Puppies $10 V** (Charlotte/Rochester, VT)
w/Maple Sambal Aioli

**Mulled Red Wine poached Plums & Burrata $16 V** (Bennington/Norwich, VT)
Maplebrook Farm Burrata, Red Wine poached Plums, drizzled w/Balsamic reduction, served w/Focaccia

**Blue Ledge Farm Camembrie Plate $15 V** (Norwich/Salisbury, VT)
w/honey, almonds & Focaccia

**Happy Bird Farm Maple Chili Wings $16** (Isle La Motte/Rochester, VT)

# Salad, Sides & Soup

**House Salad w/Maple Red Wine Vinaigrette $12 V** (Granville/Norwich, VT)

**Classic Caesar Salad* $13** (Salisbury/Norwich, VT)

**Soul Caesar Salad* $14 GF** (Granville/Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy $4,grilled Happy Bird Farm Chicken $7,Cajun Shrimp $10, Ahi Tuna $15 to any Salad*

**Grilled Corn Bread $8 V** (Charlotte/Norwich/Salisbury/Weybridge, VT)
w/Honey

**Baked French Onion Soup $10** (Cabot, VT)

**Cabot Sharp Cheddar Macaroni & Cheese $12 V** (Cabot/Weybridge, VT)

**Sauteed House Vegetables $4 GF V** (Essex/Granville, VT)
Julienned Carrots & Zucchini

**VG = Vegan V = Vegetarian GF=Gluten Free = New Item**

**Maple Soul has a one check/one swipe per table policy.**