MAPLE SOUL

Starters

Blackened Ahi Tuna* $20 GF (Rochester, VT)
w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Roasted Beets & Goat Cheese $14 V GF (Rochester/Websterville, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Nitty Gritty Hush Puppies $10 V (Charlotte/Rochester, VT)
w/Maple Sambal Aioli

Olive & Sundried Tomato Tapenade $12 VG (Norwich, VT)
w/grilled Foccacia

P.E.I. Mussels $18
w/ Tomato, Basil, Garlic, & White Wine Butter Broth served w/grilled Foccacia

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette $12 V (Norwich, VT)

Classic Caesar Salad* $13 (Salisbury/Norwich, VT)

Soul Caesar Salad* $14 GF (Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy $4, Cajun Shrimp $10, Ahi Tuna $15 to any Salad

Grilled Corn Bread $8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)
w/Honey

Cabot Sharp Cheddar Macaroni & Cheese $12 V (Cabot/Weybridge, VT)

Roasted Brussels Sprouts $8 GF V (Cabot, VT)
In Shallot Garlic Butter

Split Pea w/VT Bacon $9 GF

VG = Vegan V = Vegetarian GF=Gluten Free = New Item

Maple Soul has a one check/one swipe per table policy.