MAPLE SOUL

Starters

Roasted Beets & Goat Cheese $14 V GF (Rochester/Websterville, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Olive & Sundried Tomato Tapenade & Hummus $13 VG (Norwich/Rochester, VT)
w/toasted Focaccia & Uphill Farm Micro Greens

Cheddar Drop Biscuits & Pimento Cheese $10 V (Cabot/Norwich/Salisbury, VT)

Country Fried Chicken Skins $14 (Isle La Motte/Rochester, VT)
w/Maple Sambal Aioli

Nitty Gritty Hush Puppies $10 V (Charlotte/Rochester, VT)
w/Maple Sambal Aioli

Poutine $16 (N Bennington, VT)
Hand cut Fries, Maplebrook Cheddar Curds, Veal Demi-Glace & Scallions

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette $14 V (Norwich, VT)

Classic Caesar Salad* $14 (Salisbury/Norwich, VT)

Soul Caesar Salad* $15 GF (Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy $4, or Cajun Shrimp $10 to any Salad

Grilled Corn Bread $8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)
w/Honey

Cabot Sharp Cheddar Macaroni & Cheese $12 V (Cabot/Weybridge, VT)

Baked French Onion Soup $10 (Cabot, VT)

VG = Vegan V = Vegetarian GF=Gluten Free = New Item

Maple Soul has a one check/one swipe per table policy.