



Starters

Roasted Beets & Goat Cheese \$14 V GF (Rochester/Websterville, VT)

Roasted Beets, VT Creamery Goat Cheese, Pecans, Pumpkin Seeds, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Olive & Sundried Tomato Tapenade & Hummus \$13 VG (Norwich/Rochester, VT)

w/toasted Focaccia & Uphill Farm Micro Greens

Cheddar Drop Biscuits & Pimento Cheese \$10 V (Cabot/Norwich/Salisbury, VT)

Country Fried Chicken Skins \$14 (Isle La Motte/Rochester, VT)

w/Maple Sambal Aioli

Poutine \$16 (N Bennington, VT)

Hand cut Fries, Maplebrook Cheddar Curds, Veal Demi-Glace & Scallions

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$14 V (Norwich, VT)

Classic Caesar Salad* \$14 (Salisbury/Norwich, VT)

Soul Caesar Salad* \$15 GF (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing


Add Anchovy \$4, or Cajun Shrimp \$10 to any Salad

Grilled Corn Bread \$8 V (Charlotte/Norwich/Salisbury/Weybridge, VT)

w/Honey

Cabot Sharp Cheddar Macaroni & Cheese \$12 V (Cabot/Weybridge, VT)

Coconut Curry Sweet Potato Bisque \$9 VG GF

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

Maple Soul has a one check/one swipe per table policy.

