MAPLE SOUL

## Starters To Go

**Grilled Corn Bread $8 V** (Charlotte/Salisbury, VT)
w/Honey

**Maple Soul Pickle Plate $12 VG GF** (Granville, VT)
Assorted house made pickles

**Poutine $15** (N Bennington, VT)
Hand cut Fries, Maplebrook Cheddar Curds, Veal Demi-Glace & Scallions

**Happy Bird Farm Maple Chili Wings $16** (Isle La Motte/Rochester, VT)

## Salad, Soup & Sides To Go

**House Salad w/Maple Red Wine Vinaigrette $14 V**

**Classic Caesar Salad* $14**

**Soul Caesar Salad* $15 GF**
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing
*Add Anchovy $4, grilled Chicken $8, Cajun Shrimp $10, Blackened Tuna or Salmon $15 to any Salad*

**Cabot Sharp Cheddar Macaroni & Cheese $12 V** (Cabot/Weybridge, VT)

**Ask about our Soup du Jour**

## Entrée To Go

**Marinated Beef Tips $28 GF** (Cambridge, VT)
Boyden Farm Beef Tips w/mashed Potatoes, sautéed Mushrooms, Garlic & Veal Demi-Glace

**River Bend Farm Black Angus Burger* $19** (Rochester/Norwich/W Glover, VT)
w/Cabot Sharp Cheddar, Tomato, & Lettuce, hand cut Fries, & Maple Cole Slaw on a house made Maple Brioche
*Add thick cut smoky Bacon, Kimchi, or a farm fresh fried Egg $3, Substitute Blue Ledge Farm Bleu Cheese, or VT Creamery Goat Cheese $2*

**BBQ Baby Back Ribs half rack $26** (Huntington/Rochester, VT)
w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

**Maple Soul Cajun Shrimp & Grits $26 GF** (Cabot/Rochester, VT)
Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits w/Uphill Farm Micro Greens

**Hand Rolled Maplebrook Farm Ricotta Gnocchi $25 V** (Bennington/Rochester, VT)
w/Spinach, Sun-dried Tomato, Mushroom, Garlic, & Basil in a Parmesan Bechamel Sauce w/Uphill Farm Micro Greens
*Add VT Creamery Goat Cheese or Bacon $3/ Grilled Chicken $8/Cajun Shrimp $10/Salmon $15*

**Ask about our Desserts du Jour $8**

**V = Vegetarian VG = Vegan GF=Gluten Free = New Item**

***Please notify your server if you have any dietary restrictions or food allergies.***

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness*