



## Starters

### **Maple Soul Pickle Plate \$12 VG GF** (Granville, VT)

Assorted house made pickles

### **Roasted Beets & Goat Cheese \$14 V GF** (Granville/Rochester/Websterville, VT)

Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

### **P.E.I. Mussels \$18**

w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled Focaccia

### **Old Road Farm Fried Green Tomatoes \$15 V** (Granville/Rochester/Weybridge, VT)

In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

### **House Baked Bread w/Pimento Cheese \$10 V** (Cabot/Norwich, VT)

### **Happy Bird Farm Maple Chili Wings \$16** (Isle La Motte/Rochester, VT)

## Salad, Sides & Soup

### **House Salad w/Maple Red Wine Vinaigrette \$14 V** (Norwich, VT)

### **Classic Caesar Salad\* \$14** (Salisbury/Norwich, VT)

### **Soul Caesar Salad\* \$15 GF** (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

### **Caprese Salad \$16 GF V** (Bennington/Granville, VT)

w/Old Road Farm Cherry Tomatoes, Maplebrook Farm Mozzarella, Basil, Olive Oil & Balsamic drizzle, Salt & Pepper


*Add Anchovy \$4, grilled Happy Bird Farm Chicken \$8, or Cajun Shrimp \$10, to any Salad*

### **Grilled Corn Bread \$8 V** (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)

w/Iron Brook Farm Honey

### **Old Road Farm Smokey, Spicy Bacon Collard Greens \$7 GF** (Granville/Springfield, VT)

### **Cabot Sharp Cheddar Macaroni & Cheese \$12 V** (Cabot/Weybridge, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

**Maple Soul has a one check/one swipe per table policy.**

