



### Starters To Go

**Grilled Corn Bread \$8 V** (Charlotte/Salisbury, VT)  
w/Honey

**Maple Soul Pickle Plate \$12 VG GF** (Granville, VT)  
Assorted house made pickles

**Happy Bird Farm Maple Chili Wings \$16** (Isle La Motte/Rochester, VT)

### Salad, Soup & Sides To Go

**House Salad w/Maple Red Wine Vinaigrette \$14 V**

**Classic Caesar Salad\* \$14**

**Soul Caesar Salad\* \$15 GF**

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing  
Add Anchovy \$4, Cajun Shrimp \$10, or Blackened Tuna \$15 to any Salad

**Cabot Sharp Cheddar Macaroni & Cheese \$12 V** (Cabot/Weybridge, VT)

### Entrée To Go

**Sauteed Beef Tips \$28 GF** (Cambridge, VT)  
mashed Potatoes, sautéed Mushrooms, & Veal Demi-Glace

**River Bend Farm Black Angus Burger\* \$19** (Rochester/Norwich/W Glover, VT)  
w/Cabot Sharp Cheddar, Tomato, & Lettuce, hand cut Fries, & Maple Cole Slaw on a house made Maple Brioche  
Add thick cut smoky Bacon, Kimchi, or a farm fresh fried Egg \$3, Substitute Blue Ledge Farm Bleu Cheese, or VT Creamery Goat Cheese \$2

**BBQ Baby Back Ribs half rack \$26 full rack \$38** (Huntington/Rochester, VT)  
w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

**Maple Soul Cajun Shrimp & Grits \$26 GF** (Cabot/Rochester, VT)  
Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits w/Uphill Farm Micro Greens

### **Seafood Scampi \$26**

Wild caught Shrimp & Swordfish w/Tomato & Basil in a Garlic, White Wine, Butter Sauce over Pasta

**Hand Rolled Maplebrook Farm Ricotta Gnocchi \$25 V** (Bennington/Rochester, VT)  
w/Spinach, Sun-dried Tomato, Mushroom, & Garlic in a Parmesan Bechamel Sauce w/Uphill Farm Micro Greens  
Add VT Creamery Goat Cheese or Bacon \$3, Cajun Shrimp \$10

### **Ask about our Desserts du Jour \$8**

V = Vegetarian VG = Vegan GF=Gluten Free  = New Item

*Please notify your server if you have any dietary restrictions or food allergies.*

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness*

