



## Starters

**Blackened Ahi Tuna\* \$22 GF** (Rochester, VT)

w/Bourbon Plum Sauce & Uphill Farm Micro Greens

**Lox\* \$18 GF** (Norwich, Rochester, Websterville VT)

House cured Salmon, Capers, Shallots, Olive Oil, Cucumbers, Dill, & Herbed Cream Cheese w/Butter toasted Brioche

**Hummus \$14 VG**

w/Olive Tapenade, served w/grilled Focaccia & sliced Cucumber

**Roasted Beets & Goat Cheese \$14 V GF** (Granville/Rochester/Websterville, VT)

Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

**Old Road Farm Fried Green Tomatoes \$15 V** (Granville/Rochester/Weybridge, VT)

In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

**House Baked Bread w/Pimento Cheese \$10 V** (Cabot/Norwich, VT)

## Salad, Sides & Soup

**House Salad w/Maple Red Wine Vinaigrette \$14 V** (Norwich, VT)

**Classic Caesar Salad\* \$14** (Salisbury/Norwich, VT)

**Soul Caesar Salad\* \$15 GF** (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

**Caprese \$16 GF V** (Bennington/Granville, VT)

w/Old Road Farm Tomatoes, Maplebrook Farm Mozzarella, Basil, Balsamic Vinegar & Olive Oil, Salt & Black Pepper

*Add Anchovy \$4, Cajun Shrimp \$10, or Blackened Ahi Tuna \$16 to any Salad*

**Grilled Corn Bread \$8 V** (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)

w/Iron Brook Farm Honey

**Cabot Sharp Cheddar Macaroni & Cheese \$12 V** (Cabot/Weybridge, VT)

**Potato, Scallion, Bacon Soup \$9 GF** (Cabot/Granville/Weybridge, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

**Maple Soul has a one check/one swipe per table policy.**

