



## Starters

**Happy Bird Farm Maple Chili Wings \$16** (Isle La Motte/Rochester, VT)

**Blackened Ahi Tuna\* \$22 GF** (Rochester, VT)  
w/Bourbon Plum Sauce & Uphill Farm Micro Greens

**Julie's Fridge Corn \$12 V GF** (Cabot/Rochester, VT)  
Grilled local Corn on the Cob w/Cajun seasoning, Garlic Butter, Cojito Cheese, Cilantro, & Lime Crema

**Roasted Beets & Goat Cheese \$14 V GF** (Granville/Rochester/Websterville, VT)  
Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

**Old Road Farm Fried Green Tomatoes \$15 V** (Granville/Rochester/Weybridge, VT)  
In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

**House Baked Bread w/Pimento Cheese \$10 V** (Cabot/Norwich, VT)

**Blistered Shishito Peppers \$14 VG** (Brookfield, VT)  
w/Soy & Scallion dipping Sauce

## Salad, Sides & Soup

**House Salad w/Maple Red Wine Vinaigrette \$14 V** (Norwich, VT)

**Classic Caesar Salad\* \$14** (Salisbury/Norwich, VT)

**Soul Caesar Salad\* \$15 GF** (Salisbury/Springfield, VT)  
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

**Old Road Farm Heirloom Tomato & Burrata Mozzarella \$16 V GF** (Granville/N Bennington, VT)  
w/Maplebrook Farm Burrata Mozzarella, heirloom Tomatoes, & Basil Oil drizzled w/Balsamic Glaze

*Add Anchovy \$4, Happy Bird Farm grilled Chicken \$8, Cajun Shrimp \$10, or Blackened Ahi Tuna \$16 to any Salad*

**Grilled Corn Bread \$8 V** (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)  
w/Iron Spring Farm Honey

**Smoky Bacon Collard Greens \$6 GF**

**Cabot Sharp Cheddar Macaroni & Cheese \$12 V** (Cabot/Weybridge, VT)

**Baked French Onion Soup \$10** (Cabot, VT)

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

**Maple Soul has a one check/one swipe per table policy.**

