MAPLE SOUL

Starters

P.E.I. Mussels $18
w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled Focaccia

Blackened Ahi Tuna* $22 GF (Rochester, VT)
w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Roasted Beets & Goat Cheese $14 V GF (Granville/Rochester/Websterville, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

House Baked Bread w/Pimento Cheese $11 V (Cabot/Norwich, VT)

Old Road Farm Fried Green Tomatoes $15 V (Granville/Rochester/Weybridge, VT)
In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette $14 V (Norwich, VT)

Classic Caesar Salad* $14 (Salisbury/Norwich, VT)

Soul Caesar Salad* $15 GF (Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy $4, Happy Bird Farm grilled Chicken $8, Cajun Shrimp $10, or Blackened Ahi Tuna $16 to any Salad

Grilled Corn Bread $8 V (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)
w/Iron Spring Farm Honey

Roasted Brussels Sprouts $8 GF V (Cabot, VT)
In Shallot Garlic Butter

Cabot Sharp Cheddar Macaroni & Cheese $12 V (Cabot/Weybridge, VT)

Corn Chowder $9 V (Rochester/Weybridge, VT)

VG = Vegan V = Vegetarian GF=Gluten Free = New Item

Maple Soul has a one check/one swipe per table policy.