



## Starters

**Blackened Ahi Tuna\* \$22 GF** (Rochester, VT)

w/Bourbon Plum Sauce & Uphill Farm Micro Greens

**Nitty Gritty Hush Puppies \$10 V** (Charlotte/Rochester, VT)

w/Maple Sambal Aioli

**Roasted Beets & Goat Cheese \$14 V GF** (Websterville/Rochester, VT)

Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

**Happy Bird Farm Maple Chili Wings \$16** (Isle La Motte/Rochester, VT)

**Chicken Liver Pate \$18** (Isle La Motte, VT)

Chicken Liver Pate topped w/Duck fat & Sage, w/pickled Mustard Seeds & house made Bread

**Warm Blue Ledge Farm Camembrie Plate \$15 V** (Norwich/Salisbury, VT)

w/Iron Spring Farm Honey, & house baked Bread

## Salad, Sides & Soup

**House Salad w/Maple Red Wine Vinaigrette \$14 V** (Norwich, VT)

**Classic Caesar Salad\* \$14** (Salisbury/Norwich, VT)

**Soul Caesar Salad\* \$15 GF** (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy \$4, Happy Bird Farm grilled Chicken \$8, Cajun Shrimp \$10, or Blackened Ahi Tuna \$16 to any Salad*

**Grilled Corn Bread \$8 V** (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)

w/Iron Spring Farm Honey

**Cabot Sharp Cheddar Macaroni & Cheese \$12 V** (Cabot/Weybridge, VT)

**Side of Maple Roasted Butternut Squash & Leek \$8 V GF** (Granville/Rochester, VT)

**Ask about our Soup du Jour**

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

**Maple Soul has a one check/one swipe per table policy.**

