MAPLE SOUL

# Starters

**Gravlax Crostini* $14** (Cabot/Norwich/Rochester, VT)
House Cured Salmon w/Sour Cream, Shallots, Capers, & Uphill Farm Micro Greens on a house made Crostini

**P.E.I. Mussels $19**
w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled house made Bread

**Roasted Beets & Goat Cheese $14 V GF** (Websterville/Rochester, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

**Maple Soul Pickle Plate $12 VG GF** (Granville, VT)
Assorted house made pickles

**Happy Bird Farm Maple Chili Wings $16** (Isle La Motte/Rochester, VT)

# Salad, Sides & Soup

**House Salad w/Maple Red Wine Vinaigrette $15 V** (Norwich, VT)

**Classic Caesar Salad* $15** (Salisbury/Norwich, VT)

**Soul Caesar Salad* $16 GF** (Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

*Add Anchovy $4, grilled Happy Bird Farm Chicken $8, Cajun Shrimp $10 , or Ahi Tuna $15 to any Salad*

**Grilled Corn Bread $8 V** (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)
w/Iron Spring Farm Honey

**Cabot Sharp Cheddar Macaroni & Cheese $12 V** (Cabot/Weybridge, VT)

**Side of House Vegetable $6 GF VG**

**Baked French Onion Soup $10** (Cabot, VT)

**VG = Vegan V = Vegetarian GF=Gluten Free = New Item**

**Maple Soul has a one check/one swipe per table policy.**