MAPLE SOUL

Starters

Blackened Ahi Tuna* $19 GF (Rochester, VT)
w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Chicken Liver Pate $18 (Isle La Motte/Norwich, VT)
Chicken Liver Pate topped w/Sage infused Duck Fat, Dijon Mustard, Pickle, served w/house made Bread

Old Road Farm Fried Green Tomatoes $15 V (Granville/Rochester/Weybridge, VT)
In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

Roasted Beets & Goat Cheese $14 V GF (Websterville/Rochester, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Blistered Shishito Peppers $14 GF VG (Granville, VT)
w/Soy Scallion dipping Sauce

House Baked Bread w/Pimento Cheese $12 V (Cabot/Norwich, VT)

P.E.I. Mussels $19
w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled Bread

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette $15 V (Norwich, VT)

Classic Caesar Salad* $15 (Salisbury/Norwich, VT)

Soul Caesar Salad* $16 GF (Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Heirloom Tomato & Burrata Mozzarella $16 V GF (Middlebury, VT)
w/Maplebrook Farm Burrata Mozzarella, heirloom Tomatoes, & Basil Oil drizzled w/Balsamic Glaze

Add Anchovy $4, grilled Happy Bird Farm Chicken $8, Cajun Shrimp $10, or Ahi Tuna $15 to any Salad

Grilled Corn Bread $8 V (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)
w/Iron Spring Farm Honey

Cabot Sharp Cheddar Macaroni & Cheese $15 V (Cabot/Weybridge, VT)

Side of Broccolini $9 GF VG

Julie's Fridge Corn $13 V GF (Cabot/Middlebury/Rochester, VT)
Grilled local Corn on the Cob w/Garlic Butter, Cajun seasoning, Queso Fresco, Cilantro, & Lime Crema

Soul Garden Vegetable Soup $9 VG GF (Granville/Rochester, VT)

VG = Vegan V = Vegetarian GF=Gluten Free = New Item

Maple Soul has a one check/one swipe per table policy.