



Starters

Blackened Ahi Tuna* \$19 GF (Rochester, VT)

w/Bourbon Plum Sauce & Uphill Farm Micro Greens

Chicken Liver Pate \$18 (Isle La Motte/Norwich, VT)

Chicken Liver Pate topped w/Sage infused Duck Fat, Dijon Mustard, Pickle, served w/house made Bread

Old Road Farm Fried Green Tomatoes \$15 V (Granville/Rochester/Weybridge, VT)

In a sweet & spicy Cream Sauce topped w/Uphill Farm Micro Greens

Roasted Beets & Goat Cheese \$14 V GF (Websterville/Rochester, VT)

Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Happy Bird Farm Maple Chili Wings \$17 (Isle La Motte/Rochester, VT)

House Baked Bread w/Pimento Cheese \$12 V (Cabot/Norwich, VT)

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette \$15 V (Norwich, VT)

Classic Caesar Salad* \$15 (Salisbury/Norwich, VT)

Soul Caesar Salad* \$16 GF (Salisbury/Springfield, VT)

Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy \$4, grilled Happy Bird Farm Chicken \$8, Cajun Shrimp \$10, or Ahi Tuna \$15 to any Salad

Heirloom Tomato & Burrata Mozzarella \$16 V GF (Middlebury, VT)

w/Maplebrook Farm Burrata Mozzarella, heirloom Tomatoes, & Basil Oil drizzled w/Balsamic Glaze

Grilled Corn Bread \$8 V (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)

w/Iron Spring Farm Honey

Cabot Sharp Cheddar Macaroni & Cheese \$15 V (Cabot/Weybridge, VT)

Julie's Fridge Corn \$13 V GF (Cabot/Middlebury/Rochester, VT)

Grilled local Corn on the Cob w/Garlic Butter, Cajun seasoning, Queso Fresco, Cilantro, & Lime Crema

VG = Vegan V = Vegetarian GF=Gluten Free  = New Item

Maple Soul has a one check/one swipe per table policy.

