MAPLE SOUL

Entrée

Maple Soul Cajun Shrimp & Grits $28 GF (Cabot/Rochester, VT)
Wild Caught Shrimp, Cajun Seasoning, Tomato, Scallion, Garlic, & Butter over Cabot Cheddar Grits w/Uphill Farm Micro Greens

Happy Bird Farm Chicken Marsala $27 (Isle La Motte, VT)
Chicken Breast, Mushrooms, Basil, Sun-dried Tomatoes, & Garlic in a sweet Marsala Wine Sauce over Spaghetti

Steak Frites* $44
NY Strip w/Fries & Veal Demi-Glace

Bacon Wrapped VT Wagyu Meatloaf $31 (Springfield, VT)
w/house Vegetable, mashed Potatoes, & Veal Demi-Glace

Sauteed Beef Tips $31 GF (Cambridge, VT)
w/mashed Potatoes, sautéed Mushrooms, & Veal Demi-Glace

River Bend Farm Black Angus Burger* $20 (Rochester/Norwich/Cabot, VT)
w/Cabot Sharp Cheddar, Tomato, & Greens on a house made Maple Brioche w/hand cut Fries, & Maple Cole Slaw
Add thick cut Smoky Bacon, or a fried Egg $3, Substitute Blue Ledge Farm Bleu Cheese or Vermont Creamery Goat Cheese $2

BBQ Baby Back Ribs $26 half rack $38 full rack (Huntington, VT)
w/hand cut Fries, house made BBQ Sauce, & Maple Cole Slaw

Smoked Delicata Squash, Mushroom & Pecan Farro $26 V (Brookfield/Rochester/Weybridge, VT)
w/Balsamic reduction, Pepitas, & Uphill Farm Micro Greens

Hand Rolled Maplebrook Farm Ricotta Gnocchi $26 V (Bennington/Rochester, VT)
w/Spinach, Sun-dried Tomato, Mushroom, & Garlic in a Parmesan Bechamel Sauce w/Uphill Farm Micro Greens
Add Bacon or Goat Cheese $3, grilled Happy Bird Farm Chicken $8, Cajun Shrimp $10

Dessert Tonight: $8

Maple Crème Brulé V GF (Rochester/Weybridge/Salisbury, VT)

Flourless Chocolate Cake V GF (Weybridge/Salisbury, VT)

Maple Bourbon Apple Crisp V (Rochester/Weybridge, VT)

Ms. Elissa's NY Style Cheesecake V GF (Rochester, VT)

VG = Vegan V = Vegetarian GF=Gluten Free = New Item
Please notify your server if you have any dietary restrictions or food allergies.
**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness.*