MAPLE SOUL

Starters

Gravlax Crostini* $18 (Cabot/Norwich/Rochester, VT)
House Cured Salmon w/Crème Fraiche, Shallots, Capers, & Uphill Farm Micro Greens on a house made Crostini

P.E.I. Mussels $20
w/ Tomato, Basil, Garlic, & White Wine Butter Sauce served w/grilled Bread

Roasted Beets & Goat Cheese $14 V GF (Websterville/Rochester, VT)
Roasted Beets, VT Creamery Goat Cheese, Pecans, Maple Balsamic Drizzle, topped w/Uphill Farm Micro Greens

Warm Blue Ledge Farm Camembrie Plate $17 V (Norwich/Salisbury, VT)
w/Apple, Honey & warm Bread

Chicken Liver Pate $18 (Isle La Motte/Norwich, VT)
Chicken Liver Pate topped w/Sage infused Duck Fat, Mustard, Pickles, served w/house made Bread

Salad, Sides & Soup

House Salad w/Maple Red Wine Vinaigrette $15 V (Norwich, VT)

Classic Caesar Salad* $15 (Salisbury/Norwich, VT)

Soul Caesar Salad* $16 GF (Salisbury/Springfield, VT)
Mixed Greens, Parmesan, Bacon, & house Caesar Dressing

Add Anchovy $4, Cajun Shrimp $10, or Ahi Tuna $15 to any Salad

Grilled Corn Bread $8 V (Charlotte/Norwich/Rochester/Salisbury/Weybridge, VT)
w/Iron Spring Farm Honey

Cabot Sharp Cheddar Macaroni & Cheese $15 V (Cabot/Weybridge, VT)

Roasted Brussels Sprouts $9 GF V (Cabot, VT)
w/Shallots & Garlic in Butter

Spiced Coconut Curry Butternut Squash Soup $9 VG GF (Granville/Rochester, VT)

VG = Vegan V = Vegetarian GF=Gluten Free = New Item

Maple Soul has a one check/one swipe per table policy.